

Pamplona, Spain

The Running of the Bulls &
The Festival of San Fermin
July 7-14 Pamplona, Spain

Where to stay...

Hemingway stayed here, but you can't
–at least not until the renovations are
completed...

Hotel La Perla at Plaza Castillo



This was Papa's Room (with a balcony!):



My room there wasn't bad either
(just REALLY noisy!):



The Hotel Avenida



You should stay here.
Quiet, clean, and nice.
Tel: 948 245 454

It's where Pamplona experts from the
Scarlet Macaw Adventures in Travel stay.
This hotel has a great restaurant and bar. I
had special dinners here with the Scarlet
Macaw guides and their friends, and it was
all very lovely.

Where Papa Liked to Eat

(Ok, and drink...)

Café Iruna at the Plaza Castillo.

Jake, Lady Brett, and their pals all ate (drank) here in *The Sun Also Rises*.



The Scarlet Macaw's suggestions for Dining in Pamplona – You will need to make reservations in advance if you'd like to have lunch or dinner at any of Pamplona's outstanding restaurants ("Jatetxeak" in Basque) during the fiesta, including the restaurants Alhambra, Casa Amparo, Casa Ángel, Casa Otano, Casa Manolo, Casa Luis, Don Pablo, Enekorri, Europa*, Hartza, Josetxo, Leyre (Hotel Avenida), Rodero*, San Fermín & Urdax to name only a few of the best located in the city of Pamplona.

The Scarlet Macaw has a list of "Excursions and Special Lunches" as a way of offering you the chance to experience some of the fabulous cuisine available in Navarra as well as a chance to explore the city and visit some of the nearby communities such as Roncesvalles, and Burguete in the north, Laguardia (Rioja Alavesa) to the south and Donostia-San Sebastian on the coast. If you would like to receive a copy of this list, E-mail the Scarlet Macaw Adventures in Travel at www.scarletmacaw.com and they will get you a copy. Reservations are limited and must be received by 15 June.

Restaurants, Cafés and Bars - Pamplona has a number of gastronomic temples, as

mentioned above, but you will also find numerous Asadores (roasting houses) and Sidrerías (cider houses), small neighborhood restaurants, cafés and pintxos (tapas) bars located through out the city of Pamplona, where you can find an informal and inexpensive meal. Food tents will be set up in the Parque Ciudadela on the carnival grounds as well as in the Parque de Antoniuti, which is located just outside of the old city off Calle Mayor. The Food Tents will be open most of the day to accommodate the large festival crowds. These emporia are sponsored and run by social organizations and private groups from the various villages and cities of Navarra and offer a mix of regional dishes. Here is where you can always find a spit garlic-roasted chicken, cured ham (jamón Serrano) and roasted green pepper sandwiches on country bread, mixed green salads (ensalada mixta), huge T-bones steaks (chuletón), a number of seafood items including calamares (fried squid), along with cold beer and pitchers of sangría, but no hamburgers or hot dogs.

Let's go to... The Encierro



See the Giants on Parade



And don't miss the bullfights!



For more information about travel to Pamplona, E-mail me at janis@janisturk.com, or better yet, contact the Scarlet Macaw Adventures in Travel www.thescarletmacaw.com

Books to read on this topic:

- *Pamplona: Running the Bulls, Bars and Barrios* by Ray Moulton
- *Encierro! A Guide to the Running of the Bulls* by Mat Dowsett
- *Run to the Sun—Pamplona's Festival of San Fermin* (a photographic history of the festival by Jim Hollander)
- *204 Hours of San Fermin* (a guidebook in English and Spanish)
- *Running with the Bulls: Fiestas, Corridas, Toreros, and An American's Adventure in Pamplona* by Gary Gray

What to Wear:

The official dress for the festival is to wear all white from head to toe with only a crimson red *panuelico* (bandana) and red sash tied at the waist and hanging down. You can purchase the *panuelico* and sash at any store or stand in the streets all over Pamplona. If you don't wear this outfit, you'll feel very self-conscious. Believe me, this isn't just something only the tourists wear. Even tiny babies from Pamplona wear this garb or wear all white baby clothes with tiny red ribbons tied on to their clothing. Even most of the dogs you'll see in Pamplona are wearing the *panuelico*, too.

Special thanks to The Scarlet Macaw Adventures in Travel for their abundant knowledge and generous help with information for this page.

www.scareltmacaw.com

And a nod to Fred for his work on the website.